Cookery - Around The World

Take a culinary journey around the world, cooking food from a different country each week. You will have the opportunity to produce two recipes each week to take home. New recipes covered in each course.

Cookery - Around the World

More information
Each week, the tutor will demonstrate a new skill and guide you through the process of creating a two dishes that you will be able to cook and take home. You will discuss how to shop for, store and make best use of ingredients. All dishes will be suitable for beginners and those with a little experience, and help you create a variety of recipes.

Can I join late?
Yes, with prior tutor agreement. Please contact BAEC.

Who is the course for?
This course is for anyone who has an interest in learning how to cook recipes inspired by cuisine from around the world.

Do I need prior knowledge or experience?
No.

How will I learn?
A practical course with a mixture of one to one and small group tuition, demonstration, discussion and questions and answers.

How will my progress be assessed?
You will be assessed informally by your tutor, as part of normal classroom activities. There will be plenty of opportunities to discuss your progress with your tutor.

Is there an external qualification?
No, this is an non-accredited course.

What can I do next?
Other cookery courses, budget management and healthy eating courses at BAEC or elsewhere- the tutor will advise.

What do I need to bring?
Please bring a pen and paper to the first session, the tutor will discuss any further equipment required for subsequent sessions. You will need to bring a plastic box or container to carry your finished dish home every week.

Are there any extra costs?
Yes, you will need to provide all the ingredients for your dishes each week. An ingredients list will be provided prior to the first week of the course.

Is there work between sessions?
No, although you may wish to re-create the demonstrated dish at home.